

BY THE NUMBERS

Washington State Labor & Industry Statistics (2018)

- >\$13,000 average cost per case related to overuse injuries
- >\$10,000 average cost per case for musculoskeletal disorders

*Data from Washington State L&I website

Proven Process, Real Results

- 20% improvement in health metrics (1-year results)
- 30% average reduction in cost per case (1-year results)
- \$6:1 average return on investment (3-year results)

*Data from our affiliate partner, Pro-Activity



Our Comprehensive Employee Health service offerings are delivered on-site at your facilities. That's right, we come to you. We also have 6 convenient locations across Kitsap County should you need us for industrial rehab.

Poulsbo Village (360) 779-3777

Kingston (360) 297-7050

Bainbridge Island (206) 842-6288

Bremerton (360) 792-1015

Silverdale (360) 613-1834

Port Orchard (360) 895-9090



**kitsap
physical
therapy**
AND SPORTS CLINICS

Comprehensive Employee Health

*An evidence-based
worksite injury prevention and
early intervention program*

GETTING YOU BACK TO WORK, SPORTS, LIFE.....AT ANY AGE

Health is your greatest asset

Our mission is to make employee health your company's greatest asset. Health is at the foundation of employee performance and business achievement. We create opportunities for health by promoting a culture of prevention.



Trusted Resource

Kitsap Physical Therapy has been serving Kitsap County for over 40 years. Our expert team of physical and occupational therapists work with you to support employee health and performance. Further, our employer offerings are supported by our partnership with Pro-Activity, a company that specializes in improving employee health (and has a decades-long track record to prove it).

Prevention Process

• Engage

We meet with your company stakeholders to better understand your current needs and goals.

• Connect

Our efforts are rooted in mutual respect. We work collaboratively with your employees to earn their trust.

• Assess

We analyze data to discover the greatest risks your employees face. We use these insights to create a customized solution for your company.

• Improve

We manage risks proactively. Our comprehensive service offerings reduce risks, improve health, and decrease associated medical costs.

• Sustain

Sustainability equals success. Investing in prevention promotes a culture of health allowing results to compound.

***Invest in health,
save on care.***

Total Well-being Approach:

Our team utilizes a comprehensive approach to catch what would otherwise fall through the cracks.



Comprehensive suite of services

- Health fairs and fitness challenges
- Health and safety education presentations
- Health assessments and risk screenings
- Self-care consultation and health coaching
- Ergonomic analysis and recommendation
- Early incident response and care recommendation
- Direct connection to local industrial rehabilitation providers through KPT clinics