

BAINBRIDGE ISLAND

(206) 842-6288 Fax: 842-6292

945 Hildebrand Lane NE
Suite #220

Bainbridge Island, WA 98110

Located in the same building as
Swedish Primary Care**BREMERTON**

(360) 792-1015 Fax: 792-0964

2500 Cherry Avenue, Suite #203
Bremerton, WA 98310Located in the West Sound Bldg.
just below Harrison Hospital.**KINGSTON**

(360) 297-7050 Fax: 297-7502

26001 Barber Cut-Off Road NE
Suite #C-1

Kingston, WA 98346

Located at the intersection of
South Kingston Road and
Barber-Cut Off Road next to
Kingston Fitness.**PORT ORCHARD**

(360) 895-9090 Fax: 895-9089

1880 Pottery Avenue
Suite #100

Port Orchard, WA 98366

Located on Pottery Avenue
approximately 1/4 mile up the
hill from Harrison South Kitsap
Urgent Care.**POULSBO-
NK MEDICAL CENTER**

(360) 779-3764 Fax: 779-9740

20730 Bond Road NE
Suite #106

Poulsbo, WA 98370

Located in Bldg. A at the NK
Medical Center at the intersection
of Bond Road and Hwy. 305.**POULSBO-VILLAGE**

(360) 779-3777 Fax: 779-3797

19319 7th Avenue NE, Suite #108
Poulsbo, WA 98370Located in the center building just
across from the Doctor's Clinic.**SILVERDALE**

(360) 613-1834 Fax: 613-2716

2400 NW Myhre Road, Suite #102
Silverdale, WA 98383Located at the corner of Myhre
and Mickelberry Road, just down
from Costco and next to Snap
Fitness.**kitsap physical therapy**

AND SPORTS CLINICS

www.KitsapPT.com

Name: _____ Phone: _____ Date: _____

Diagnosis: _____ ICD-10#: _____

Evaluate and Treat Appropriately PT OT**GROSS MOTOR***(Poulsbo-NK & Silverdale)*

- GM Development
- Infant Torticollis
- Toe walking
- Balance
- Strength (Circle: Upper / Lower)

FINE MOTOR*(Poulsbo-NK & Silverdale)*

- Bilateral Coordination
- UE Strength
- Fine Motor Strength
- Handwriting

SENSORY INTEGRATION*(Poulsbo-NK & Silverdale)*

- Activities of daily living
training to include: dressing,
feeding, grooming, fastener
manipulation, utensil use, etc.
- Visual Motor Integration/Visual
Perceptual Skills
- Handwriting training
- Ocular Motility Skills/ Vision Therapy

SPINAL HEALTH*(Kingston, Poulsbo-NK and
Port Orchard)*

- Scoliosis Treatment
(Schroth Method)
- Postural control

PELVIC HEALTH*(Bainbridge, Bremerton, Port Orchard,
Poulsbo Village & Silverdale)*

- Nocturnal Enuresis
- Constipation
- Urinary Retention
- Other Specified Urinary
Incontinence
- Pelvic Pain
- NOS Enuresis
- Fecal Incontinence
- Menstrual Health

CONCUSSION/VESTIBULAR*(Bremerton, Silverdale and both
Poulsbo locations)*

- Visual perceptual screening
- Cognitive testing
- Vestibular programs
- Return to school
- Return to play

Comments/precautions: _____

- Plan:** Decrease pain, inflammation, swelling, muscle guarding
- Improve function, ROM, strength, fitness

_____ visits/week over 1 2 3 4 6 8 weeks or **Total Sessions** _____Physician: **X** _____

Thank you for this referral



Physician referral to physical therapy is NOT a guarantee of benefits.
Patients are responsible for verifying their insurance coverage.
In making this referral, physician certifies that prescribed
rehabilitation is a medical necessity.

