

kitsap physical therapy

AND SPORTS CLINICS

www.KitsapPT.com

BAINBRIDGE ISLAND

(206) 842-6288 Fax: 842-6292

945 Hildebrand Lane NE
Suite #220

Bainbridge Island, WA 98110

Located in the same building as
Swedish Primary Care

BREMERTON

(360) 792-1015 Fax: 792-0964

2500 Cherry Avenue, Suite #203
Bremerton, WA 98310

Located in the West Sound Bldg.
just below Harrison Hospital.

KINGSTON

(360) 297-7050 Fax: 297-7502

26001 Barber Cut-Off Road NE
Suite #C-1
Kingston, WA 98346

Located at the intersection of
South Kingston Road and
Barber-Cut Off Road next to
Kingston Fitness.

PORT ORCHARD

(360) 895-9090 Fax: 895-9089

1880 Pottery Avenue
Suite #100
Port Orchard, WA 98366

Located on Pottery Avenue
approximately 1/4 mile up the
hill from Harrison South Kitsap
Urgent Care.

POULSBO-VILLAGE

(360) 779-3777 Fax: 779-3797

(360) 779-3764 Fax: 779-9740

19505 7th Avenue NE
Poulsbo, WA 98370

Located next to Rite Aid

SILVERDALE

(360) 613-1834 Fax: 613-2716

2400 NW Myhre Road, Suite #102
Silverdale, WA 98383

Located at the corner of Myhre
and Mickelberry Road, just down
from The Doctor's Clinic - Salmon
Medical Center

Name: _____ Phone: _____ Date: _____

Diagnosis: _____ ICD-10#: _____

Evaluate and Treat Appropriately PT OT

PT

GROSS MOTOR

(Poulsbo Village & Silverdale)

- GM Development
- Infant Torticollis/Plagiocephaly
- Toe walking
- Balance/Coordination/Strength Training
- Mobility Training
- Tone Abnormalities
- Symmetric IUGR
- Neuromuscular or orthopedic issues
- Gestational age <32 weeks
- Birth weight < 1500 grams
- Congenital Anomaly
- Prenatal Exposure to substance/ neonatal abstinence syndrome (NAS)
- Perinatal depression

SPINAL HEALTH

(Kingston, Poulsbo Village & Port Orchard)

- Scoliosis Treatment (Schroth Method)
- Postural control

PT/OT

PELVIC HEALTH

(Bainbridge, Bremerton, Port Orchard, Poulsbo Village & Silverdale)

- Nocturnal Enuresis
- Constipation
- Urinary Retention
- Other Specified Urinary Incontinence
- Pelvic Pain
- NOS Enuresis
- Fecal Incontinence
- Menstrual Health

CONCUSSION/VESTIBULAR

(Bremerton, Silverdale & Poulsbo Village)

- Visual perceptual screening
- Cognitive testing
- Vestibular programs
- Return to school
- Return to play
- Other
- Other Developmental Concerns _____
- Family/Caregiver Training

OT

FINE MOTOR

(Poulsbo Village & Silverdale)

- Bilateral Coordination
- UE Strength
- Fine Motor Strength
- Handwriting

SENSORY INTEGRATION

(Poulsbo Village & Silverdale)

- Activities of daily living training to include: dressing, feeding, grooming, fastener manipulation, utensil use, etc.
- Visual Motor Integration/Visual Perceptual Skills
- Handwriting training
- Ocular Motility Skills/ Vision Therapy

Comments/precautions: _____

_____ visits/week over 1 2 3 4 6 8 weeks or Total Sessions _____

Physician: **X** _____
Thank you for this referral



Physician referral to physical therapy is NOT a guarantee of benefits. Patients are responsible for verifying their insurance coverage. In making this referral, physician certifies that prescribed rehabilitation is a medical necessity.

