

Services and Specialty Programs	Bainbridge 945 Hildebrand Ln. #220 (206) 842-6288 (206) 842-6292 (f)	Bremerton 2500 Cherry Ave. #203 (360) 792-1015 (360) 792-0964 (f)	Kingston 26001 Barber Cut-Off Rd. (360) 297-7050 (360) 297-7502 (f)	Port Orchard (PO) 1880 Pottery Ave. #100 (360) 895-9090 (360) 895-9089 (f)	PO Satellite 1730 SE Mile Hill Dr. #100 (360) 287-4662 (360) 251-0225 (f)	Poulsbo-Village 19505 7th Ave. NE (360) 779-3777 (360) 779-3797 (f)	Silverdale (SI) 2400 NW Myhre Rd. #102 (360) 613-1834 (360) 613-2716 (f)	SI YMCA 2909 NW Randall Way(60 (360) 639-4540 (360) 251-0232 (f)
Licensed and Board-Certified Specialists. All of our therapists treat a wide variety of orthopedic injuries.								
Prosthetic/Amputee							X	
Aquatic Therapy		X					X	
Bariatrics		X	X	X	X	X	X	
Cancer Rehab	X	X	X			X	X	
Cardiac Conditioning	X	X	X			X		
Chronic Pain NeuroScience	TPS	TPS					TPS	
Concussion Rehab	X	PT/OT	X			PT	X	
Fall Prevention	GC	X	X	X	X	GC	GC	
Hand Therapy		X	X		X	CHT	CHT	
Lymphedema Mgmt.	CLT	CLT	CLT			CLT	CLT	
McKenzie Spine Treatment		MDT	MDT	MDT		MDT	MDT	MDT
Neuro Rehab	X	X				X	X	
Industrial Rehab	X	X	X		X	X	X	
Physical Capacity Evaluation (PCE) Work Conditioning (WC)					Work Conditioning Only			
Occupational Therapy		OT			OT	OT	OT	
Orthopedic Rehab	OCS	OCS	OCS	OCS	X	OCS	OCS	OCS
Osteoporosis	X	X		X		X	X	
Parkinson's Therapy	LSVT BIG	LSVT BIG				LSVT BIG	LSVT BIG	
Pediatrics						PT/OT	PT	
Pelvic Health: Urinary Incontinence/Constipation Pelvic Pain/SI Joint/Coccydynia Organ Prolapse/Sexual Dysfunction	X Women/Men/Peds	X Women/Men/Peds	X Women	PHC Women/Men/Peds		PHC Women/Men/Peds	X Women	X Women/Men/Peds
Scoliosis (Schroth Method)			X		X			
Sports Medicine	X	X	X	X		X	X	X
Stroke Rehab	NDT	CSRS				X	X	
(TMJ/TMD)	X	CCTT	X					
Vestibular/Dizziness/Balance	X	X	X	X		X	X	
Cash Pay Services								
Dry Needling		X						
H-Wave	X	X	X	X	X		X	X
Shockwave	X						X	X
BFR	X			X	X			

Please note: columns with acronyms indicate the locations with certified specialists.

When referring to a specialist, please indicate on the referral form by either checking the specialty box or writing it in the comments.

8/1/2025